



PATIENT INFORMATION LEAFLET: INFORMATION FOR THE USER

DAY AND NIGHT TUXIL CAPSULES

Day Tuxil Capsule (Paracetamol 500mg, Phenylephrine HCl 7.5mg and Cetirizine Dihydrochloride 1.5mg)
Night Tuxil Capsule (Paracetamol 500mg, Phenylephrine HCl 7.5mg, Chlorpheniramine 2mg and Dextromethorphan HBr 7.5mg)

Read all this product information carefully before you start taking this medicine.

- You may need to read it again before, during or after use of this medicine.
- If you have any further questions, ask your health care provider.
- If any of the side effects become serious, or if you notice any side effects not listed in this leaflet, please inform your health care provider.

In this leaflet:

1. What Day and Night Tuxil Capsule is, and what it is used for.
2. What you need to know before you take Day and Night Tuxil Capsules.
3. How to take Day and Night Tuxil Capsules.
4. Possible side effects.
5. How to store Day and Night Tuxil Capsules.
6. Contents of the pack and other information.

1. WHAT DAY AND NIGHT TUXIL CAPSULES CONTAIN AND USED FOR

Day and Night Tuxil Capsules are used for the relief of the major symptoms of colds, chills, and influenza. The daytime (Day-Tuxil) capsules contain three (3) active ingredients (Paracetamol, Phenylephrine HCl, Cetirizine Dihydrochloride) while the night-time (Night-Tuxil) capsules contains four active ingredients (Paracetamol, Phenylephrine HCl, Chlorpheniramine, Dextromethorphan HBr). Paracetamol reduces your temperature when you have a fever; Phenylephrine HCl is a decongestant and vasoconstrictor; Cetirizine Dihydrochloride is a non-sedating antihistamine; Chlorpheniramine is a sedating antihistamine; and Dextromethorphan hydrobromide is a cough suppressant that helps relieve dry or tickly coughs.

2. WHAT YOU NEED TO KNOW BEFORE YOU TAKE DAY AND NIGHT TUXIL CAPSULES

Check before you take Day and Night Tuxil Capsules if:

- You have ever had an allergic reaction to the active or any of the other ingredients.
- You have kidney problems or hyperexcitability.
- You have a chest infection, worsening asthma or severe respiratory problems.
- You are taking appetite suppressants or stimulant drugs called amphetamines [sometimes used to treat attention deficit hyperactivity disorder (ADHD)].
- You have taken monoamine oxidase inhibitors (MAOIs) prescribed for depression in the last two weeks
- You're having pregnancy test carried out
- With any other paracetamol-containing products
- With any other flu, cold or decongestant product

Take special care with Day and Night Tuxil Capsules

- Do not drink alcohol while using Day and Night Tuxil Capsules
- If your symptoms are accompanied by a high temperature, skin rash or persistent headache **see your doctor.**



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Driving and operating machinery

Day Tuxil Capsules may cause dizziness. If affected, do not drive or operate machinery.

Night Tuxil Capsules may cause drowsiness, dizziness, difficulty concentrating, movement difficulties or blurred vision. This can affect your ability to drive.

- Do not drive while taking this medicine until you know how it affects you.
- It may be an offence to drive when taking this medicine.
- However, you would not be committing an offence if the medicine has been taken to treat a medical or dental problem, and you have taken it according to the information provided with the medicine, and it was not affecting your ability to drive safely.

Talk to your doctor or pharmacist if you are not sure whether it is safe for you to drive or operate machinery while taking this medicine.

Ask your doctor before taking this medicine:

- If you have been told by your doctor that you have an intolerance to some sugars.
- If you have asthma, long term cough or a cough which produces a lot of phlegm.
- If you are due to have a surgery.
- If you are elderly and suffer from confusion.

If you are taking other medicines

Please talk to your doctor or pharmacist before taking these capsules if you are taking any prescribed medicines; particularly digoxin (for heart problems); metoclopramide or domperidone (for nausea or vomiting); cholestyramine (to lower blood cholesterol); medicines for high blood pressure; medicines which give you blurred vision, a dry mouth or make you drowsy; blood thinning drugs (anticoagulants e.g. warfarin); quinidine or amiodarone (to control your heart rhythm); medicines for anxiety or depression (e.g. selective serotonin reuptake inhibitor (SSRI) or tricyclic antidepressant) or help you sleep.

Pregnancy and breast feeding

Do not take Day and Night Tuxil Capsules if you are breast feeding or pregnant.

3. HOW TO TAKE DAY AND NIGHT TUXIL CAPSULES

Day Tuxil Capsules: Swallow 2 capsules, with water, every four hours up to three doses during the day.

Night Tuxil Capsules: Swallow 2 capsules with water at bedtime.

- After taking the Day Tuxil Capsules, wait at least four hours before taking the Night-time capsules.
- Do not take Night Tuxil Capsules if you have already taken 4 doses of a paracetamol-containing product during the day.
- Do not take more than 6 day-time Capsules in 24 hours.
- Only take one dose of night-time (2) capsules per night.
- Do not take for more than 3 days.
- Do not take if you are under 12 years.



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- Do not take more than the recommended dose.
- If your symptoms persist after 3 days, see your doctor.

If you take too many capsules

Immediate medical advice should be sought in the event of an overdose, even if you feel well, because of the risk of delayed, serious liver damage.

4. POSSIBLE SIDE EFFECTS

Like all medicines, Day and Night Tuxil Capsules can have side effects, but not everybody gets them. Older people may be more prone to these side effects.

Day Tuxil Capsules

Common Side Effects:

Drowsiness, nervousness, sleeplessness, excessive tiredness, dry mouth, dizziness, sore throat, abdominal pain, nosebleed, cough, headache, diarrhea, nausea, vomiting. **Tell your doctor if any of these symptoms are severe or do not go away:**

Serious Side Effects

Possible but unlikely side effects associated with the use of this medication include:

- Allergic reactions, which may be severe and include:
 - Skin rashes, itching or hives
 - Swelling of the throat, tongue, or face
 - Shortness of breath or wheezing
- Skin rash or peeling, or mouth ulcers
- Breathing problems. This is more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained bruising or bleeding or becoming unusually tired. Getting more infections than usual.
- Liver problems. Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin can occur
- Difficulty breathing or swallowing

If you experience any of the following symptoms, call your doctor immediately.

Day Tuxil Capsules may cause other side effects. Call your doctor if you have any unusual problem not mentioned in this leaflet while taking this medication.

Night Tuxil Capsules

Common Side Effects

Nervousness, dizziness, sleeplessness, drowsiness, dry mouth, nose, and throat, nausea, vomiting, loss of appetite, constipation, headache, increased chest congestion, light-headedness, restlessness, stomach pain

Tell your doctor if any of these symptoms are severe or do not go away:

Serious Side Effects



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Stop taking this medicine and tell your doctor immediately if you experience any of the following severe symptoms:

- Allergic reactions, which may be severe and include:
- Skin rashes, itching or hives
- Swelling of the throat, tongue, or face
- Shortness of breath or wheezing
- Skin rash or peeling, or mouth ulcers
- Breathing problems. This is more likely if you have experienced them before when taking other painkillers such as ibuprofen and aspirin
- Unexplained bruising or bleeding or becoming unusually tired. Getting more infections than usual.
- Liver problems. Nausea, sudden weight loss, loss of appetite and yellowing of the eyes and skin can occur
- vision problems
- difficulty urinating

If you experience any of the following symptoms, call your doctor immediately.

Night Tuxil Capsules may cause other side effects. Call your doctor if you have any unusual problem not mentioned in this leaflet while taking this medication.

5. HOW TO STORE DAY AND NIGHT TUXIL CAPSULES

Keep all medicines out of the reach of children.

Store below 30°C, in a dry place.

Do not use Day and Night Tuxil Capsules after the expiry date 'Exp. Date' which is stated on the pack. The expiry date refers to the last day of that month.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. FURTHER INFORMATION

What Day and Night Tuxil Capsules contain:

Day Tuxil Capsules

Day Tuxil Capsules contains Paracetamol 500 mg, Phenylephrine Hydrochloride 7.5 mg and Cetirizine Dihydrochloride 1.5mg.

Night Tuxil Capsules

Night Tuxil Capsules contains Paracetamol 500 mg, Phenylephrine Hydrochloride 7.5 mg, Chlorpheniramine 2mg and Dextromethorphan Hydrobromide 7.5 mg.

What Day and Night Tuxil Capsules look like and content of the pack:

This pack contains 24 Capsules (18 Orange-Yellow Day Tuxil Capsules and 6 Purple-Violet Night Tuxil Capsules).



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Manufactured by

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	Prepared By:	Approved by:	
Signature			
Date			
Designation	MRA	HoM	HQRA